Bloomsburg University

Athletics Staff

Athletic Director	Dr. Mike McFarland
Assoc. Athletic Director	Kathy Heitzman
Assistant to the Athletic Dir.	Eric McCabe
Dir. of Athletic Operations.	James Updike
Sports Information Dir.	DavidLeisering
Assistant SID	JakeMiller
Head Athletic Trainer	Allen Larsen
Equipment Manager	Saige Spece
Strength & Conditioning	Andrew Foran
Athletics Secretary	Albree Boone
Baseball	Mike Collins
Basketball (Men's)	John Sanow
Basketball (Women's)	Alison Tagliaferri
Cross Country (M/W)	Bernie Empie
Football	Paul Darragh
Field Hockey	Nikki Rhoads
Lacrosse (Women's)	Shannon Hertz
Soccer (Men's)	Paul Payne
Soccer (Women's)	Matt Haney
Softball	Susan Kocher
Swimming (M/W)	Stu Marvin
Track & Field (M/W)	Bernie Empie
Tennis (M/W)	Marty Coyne
Wrestling	Marcus Gordon
Volleyball (Women's)	Dan Kreiger

Team Bus/Van Parking

Parking instructions for team buses/vans will be provided to the head coach prior to the date of the contest. For any parking-related questions, please contact James Updike at 570-389-4371 (O) or 814-207-8253 (c) or jupdike@bloomu.edu

Directions

Coming from...

East: Use I-80 west to Exit 236A. Merge right onto 487 south.

West: Use I-80 east to Exit 236. Turn left at end of ramp.

South: (Harrisburg area) Take Routes 11 and 15 north 487 north.

Southeast Pennsylvania: take Northeast Extension of the Pennsylvania Turnpike (I-476) to I-80 west (Pocono Exit) to Exit 236A. Merge right onto 487 south.

North of Bloomsburg: From the Scanton/Wilkes-Barre area, take I-81 to I-80 west to Exit 236A.

The Williamsport area: take I-180 south to I-80 east to Exit 236. Turn left at the end of the ramp.

From Exit 236: Take Route 487 south approximately two miles. Turn right at the traffic light onto Country Club Road.

*For GPS users: Type in 50 Country Club Road, Bloomsburg, PA. which will get you to the edge of the Upper Campus where the athletic complex is located.

James Updike, Athletic Operations:570-389-4371
Athletic Training: 570-389-4369

BLOOMSBURG HUSKIES UNIVERSITY™

Bloomsburg University of Pennsylvania is committed to affirmative action by way of providing equal educational and employment opportunities for all persons without regard to race, religion, gender, age, national origin, sexual orientation, disability or veteran status.

BLOOMSBURG UNIVERSITY®



2017-18 Guide for Athletic Visitors

Visit our website at
www.buhuskies.com

While in Bloomsburg please patronize our lodging and food corporate sponsors!

Holiday Inn Express
14 Mitchell Dr.
Bloomsburg, PA 17815
(570) 387-6702

Comfort Suites
120 Plaza Dr.
Bloomsburg, PA 17815
(570) 387-9100

Hampton Inn
255 Paper Mill Road
Bloomsburg, PA 17815
(570) 380-1020

Pine Barn Inn
1 Pine Barn Place
Danville, Pa. 17821
570-275-2071

Applebee's
939 Columbia Blvd.
Bloomsburg, PA 17815
(570) 387-6998

Naps Pizza
319 East St.
Bloomsburg, PA 17815
(570) 387-0511

Lucy's Kitchen and Catering
335 Golf Course Road
Berwick, Pa.
(570) 594-8134

Papa John's
3 A North Iron St.
Bloomsburg, PA 17815
(570) 387-1100

Berrigan's Subs
142 E. Main St.
Bloomsburg, PA 17815
(570) 784-4182

Perkins
23 Ricky Ave
Bloomsburg, PA 17815
(570) 784-5750

Giant Foods Market
1000 Scott Town Plaza
Bloomsburg, PA 17815
(570) 389-9909

Pine Barn Inn
1 Pine Barn Place
Danville, Pa. 17821
570-275-2071

Marley's Brewery & Grille
1323 Columbia Blvd
Bloomsburg, PA 17815
(570) 784-9600

Olive Garden
52 Plaza Dr.
Bloomsburg, PA 17815
(570) 784-2229



Quaker Steak and Lube
211 Columbia Mall Dr.
Bloomsburg, PA 17815
(570) 389-9464

Weis Markets
725 Columbia Blvd.
Bloomsburg, PA 17815
(570) 387-6183

Sheetz
2511 New Berwick Hwy.
Bloomsburg, PA 17815
(570) 387-9377

West End Ale Haus
117 W Main St.
Bloomsburg, PA 17815
(570) 784-3500

Steph's Subs
150 East Main St.
Bloomsburg, PA 17815
(570) 784-5750

Game Day Needs

For any team needs on game day or leading up to game day, please contact James Updike, Director of Operations at (570) 389-4371 (office), jupdike@bloomu.edu, or (814) 207-8253 (cell).

Locker Rooms

Visiting team locker rooms are located on the lower level of Nelson Field House. Upon entering the field house, please follow directional signs to your locker room. Towels and locks are not provided; however, locker room entry doors are equipped with keypad locks. The code will be provided to the head coach prior to and/or on the day of the contest.

Bloomsburg University is not responsible for lost or stolen items.

Services

The Bloomsburg University athletic training staff will provide the following supplies: Water, coolers and ice for immediate treatment purposes; a table in the locker room. Visiting teams must supply their own training supplies such as tape. Modalities are available to visiting certified trainers only. Available modalities include whirlpool, hydrocollator, microcurrent, ultrasound, electric muscle stimulatiom, Jobst compression and ice. Please notify us as early as possible if an athletic trainer will not be present for the team visiting our campus. A team physician wil be present for all home football games and wrestling matches as well as other selected events.

Training Room Facility

The training room facility is on the lower level of the Nelson Field House, located on upper campus. The facility is open one hour prior to all athletic events.